

Empowering Lives Through Occupation

July 30, 2018 - August 10, 2018

At nationally renowned San José State University, you will have the opportunity to develop a more global perspective of occupational therapy, health, and well-being.

This **two-week program** allows you to explore U.S. culture, learn from experts in the field through workshops and discussion panels, and visit local clinical sites to gain a first-hand perspective of OT in the United States.

Week 1: Long-Term Care Systems from the Rehabilitation Perspective

Explore the role of occupational therapists in the care and rehabilitation of residents of long-term care facilities.

Potential topics include:

- Promoting Participation and Safety for Older Adults in the Home and Community
- Interdisciplinary Wellness Program for Diverse Older Adults via Community-University Partnership
- Roles of Occupational Therapists in an Alternative Care Model: Program of All-Inclusive Care for the Elderly (PACE)

Week 2: Occupational Therapy in the Community

Learn about community focused interventions with a focus on emerging and non-traditional practice settings.

Potential topics include:

- Home Health for Early Intervention & Older Adults
- Use of Mindfulness-Based Practice & Therapeutic Use of Self at Various Settings
- Empowering Older Adults Through Storytelling Within an Urban Context

Through these topics, you will understand the impact of long-term care systems, gain hands-on practice experience, and demonstrate evidence-based approaches that promote cultural and meaningful occupational engagement at appropriate healthcare settings.